

Resurrection Cookies

Serves 12

These cookies are a great way to learn about the crucifixion and resurrection in a hands-on way for kids.

Prep Time: 15-30 minutes

Cook Time: n/a

Total Time: 30 minutes

Ingredients:

1 cup almonds (or chocolate chips; see below)

1 tsp. vanilla

3 egg whites

Pinch of salt

1 cup sugar

Bible

tape

Directions:

PREHEAT OVEN TO 300 DEGREES.

1. Place one cup nuts into a zip-lock baggy. Hit baggy with a wooden spoon until broken into tiny pieces. Remind children Jesus was broken for us. (Read John 19:1-3)

* If you're not using nuts, you could try chocolate chips. I'm not sure if they would have the same effect. Maybe if they've been refrigerated.

2. Allow each child to smell the vinegar. Pour a small amount into a bowl and allow them to taste it. Explain that vinegar was given to Jesus to drink when he was on the cross. Add 1 tsp. vinegar into a mixing bowl. (Read John 19:28-30)

3. Add egg whites to vinegar. The eggs in this recipe represent life. They remind us that Jesus gave his life to give us life abundantly. (Read John 10:10-11)

4. Put a pinch of salt in your child's hand. Allow them to taste it. Add a pinch of salt to to the eggs and vinegar. The salt represents the salty tears cried by the women who followed Jesus. (Read Luke 23:27)

5. Place a pinch of sugar in your child's hand. Allow them to taste it. Add one cup sugar to the mixture. Up to this point, the ingredients have been very bitter, but the sweetness in the recipe comes from the sugar. The suffering and death of Jesus are bitter, but the sweetness is that Jesus died because He loves us. Oh, how He loves us! (Read Psalm 34:8 and John 3:16)

6. Beat the mixture for 12-15 minutes until stiff peaks are formed (I recommend setting a timer — it's important to beat the mixture well). The whiteness of the mixture reminds us of purity and the cleansing of our sins because of Jesus' death. (Read Isaiah 1:18)

7. Stir in the nuts.

8. Drop the dough by spoonsful onto a cookie sheet covered with wax paper. The mounds represent the tomb where Jesus was buried. (Read Matthew 27:57-60)

9. After the oven is preheated, put the cookie sheets in the oven. **TURN OFF** the oven. Allow your child to place pieces of tape and "seal" the oven door. Jesus' tomb was sealed with a large rock. (Reread Matthew 27:59)

10. Leave the cookies in the oven overnight. Your child might feel sad to leave the cookies in the oven overnight (they were probably expecting to have a yummy treat soon – at least mine were). Jesus' followers were very sad when the tomb was sealed. (Read John 16:20-22)

11. In the morning, open the oven and have some cookies! The cookies should be hollow inside. Remind your child that the tomb was empty. Jesus is risen! (Read Matthew 28:1-9)

