



EASTER PRAYER WALK

This prayer walk is for individual or family but most importantly that as you participate in this prayer walk, you engage in this journey by inviting Jesus to join you. You are not alone.

There is no need to get any materials or items that you don't already have at home. The prayer walk can be done inside or outside.

Item suggestions:

- Bible
- Bread, treat... a food item that can be shared
- Band-Aid

1. Go to your LIVING ROOM- Jesus is our LIVING HOPE



As you enter the living room- look around. Notice that this is a place you most likely enjoy, relax, and spend time with family and friends. Like many people, the television is in the living room. We seek entertainment and information from the television. In recent weeks much of what we see is related to COVID-19. While we sit and wait for good news from the television, we can turn to our Bible and already find the Good News. It comes from our Living Hope. This Easter is a little different for many because we are not gathered together in our churches, but that doesn't stop us from praising God for sacrificing His only son, so that your sins could be forgiven. That is the reason for Easter. Celebrating and praising that we have been promised a living hope! Can I get an AMEN to that?

SCRIPTURE: 1 Peter 1:3 (CEV)

Praise God, the Father of our Lord Jesus Christ. God is so good, and by raising Jesus from death, he has given us new life and a hope that lives on.

Take a moment and tell God what your hope is for today. Maybe write it down on paper and mark the date. Below are the lyrics to "Living Hope" by Phil Wickham. If you can, listen to this song or read the lyrics out loud. Let this be your prayer.

LIVING HOPE - Phil Wickham

How great the chasm that lay between us
How high the mountain I could not climb
In desperation, I turned to heaven
And spoke Your name into the night
Then through the darkness, Your loving-kindness
Tore through the shadows of my soul
The work is finished, the end is written
Jesus Christ, my living hope
Who could imagine so great a mercy?
What heart could fathom such boundless grace?
The God of ages stepped down from glory
To wear my sin and bear my shame
The cross has spoken, I am forgiven
The King of kings calls me His own
Beautiful Savior, I'm Yours forever
Jesus Christ, my living hope
Hallelujah, praise the One who set me free
Hallelujah, death has lost its grip on me
You have broken every chain
There's salvation in Your name
Jesus Christ, my living hope...



2. Stand by a window or lamp (turn on)- Jesus is the LIGHT OF THE WORLD

- John 1:5 says, *“The light shines in the darkness, but the darkness has not overcome it.”* We can say, “Hallelujah” to that verse. Jesus is the Light, and darkness (sin) cannot overcome it. That is good news for us. Jesus came to this world to be a light where there was so much darkness. There continues to be darkness even 2000+ years later, but it has not overcome the light.
- John 8: 12 says, *“When Jesus spoke again to the people, he said, “I am the light of the world. Whoever follows me will never walk in darkness but will have the light of life.”*
- Take a moment and consider how YOU can be a light for someone else today. Read or sing along to the Sunday School song **“This Little Light of Mine”**.

THIS LITTLE LIGHT OF MINE - Gospel Dream

This Little Light Of Mine,
I'm gonna let it shine,
This Little Light Of Mine,
I'm gonna let it shine,
This Little Light Of Mine,
Yes, I'm gonna let it shine,
Let it shine, let it shine, let it shine
The light that shines is the light of love,
Lights the darkness from above,
It shines on you and it shines on me,
And it shows what the light of love can do.
I'm gonna shine my light both far and near,
I'm gonna shine mine light bright and clear,
Where there's a dark corner in this land
I'm gonna let my little light shine.
This Little Light Of Mine,
I'm gonna let it shine,
This Little Light Of Mine,
I'm gonna let it shine,
This Little Light Of Mine,
Yes, I'm gonna let it shine,
Let it shine, let it shine, let it shine
On Monday he gave me the gift of love,
Tuesday...
This Little Light Of Mine,
I'm gonna let it shine,
This Little Light Of Mine,
I'm gonna let it shine,
This Little Light Of Mine,
Yes, I'm gonna let it shine,
Let it shine, let it shine, let it shine
Source: Musixmatch



3. Kitchen or dining table – COMMUNITY with Jesus

- Before Jesus was crucified, he spent his final days with his friends. He had a meal (The Last Supper- Luke 22: 7-38), he prayed (Mount of Olives- Luke 22: 39-46). He chose to spend his final days with the ones he loved, even the one who was going to betray him, and the one who would deny him.
- After the resurrection of Jesus, He sought community with his friends. Consider the story of the two men walking on the road to Emmaus (Luke 24: 13-35). Jesus began walking with two of the disciples, but they did not recognize him. While on this journey it became late and the men invited Jesus, unbeknown to them, to join them for food and rest. Jesus agreed and it was only after he blessed, and broke bread that their eyes were open to who was standing before them. Can you imagine their reactions to realizing that their beloved friend, Jesus was with them the whole time?!

And just like that he was gone.

- Luke 24: 36-49 tells us that Jesus appeared to the disciples and they were startled and frightened because they thought they were seeing a ghost. Jesus went to his friends, and once they believed that it was really him, he asked for food. Perhaps that was further proof for the disciples that he really wasn't a ghost, but either way, Jesus was there to be with his friends before he ascended to Heaven forever.
- Take a moment and get a treat, bread, or something that you can share with your family. If you are individually partaking in this act of community, give thanks to God for the loved ones in your life.

Father,

We thank you that we can join in community with you every day. We thank you for our loved ones and although we can't physically be together today, we can remember that this distance will not last forever and we will be joined together again. It will be a day of celebration, but in the meantime, we join as a community of believers in celebrating Easter. He is risen. He is risen indeed.

4. **Band-Aid- Because Jesus died for us, WE ARE HEALED**



- He himself carried our sins in his body on the cross so that we would be dead to sin and live for righteousness. Our instant healing flowed from his wounding. 1 Peter 2:24 (TPT)
- Jesus died on the cross to take away our sins! Because of His sacrifice we are healed. Jesus sacrificed himself by being beaten, bruised and broken in order to save us so that WE would be healed.
- Take the band-aid and wear it on your hand today as a reminder that because HE was wounded, WE are healed.

Take a moment and reflect on this prayer walk. Be assured of HOPE, LIGHT, COMMUNITY, and HEALING, today, tomorrow and the days ahead.

- FOR OUTDOOR EXPERIENCE -

Use the same reflections and scripture.

1. **Jesus is our** LIVING HOPE

Go outside and look for signs of Spring. There is hope when we see growth, buds, green leaves or grass. Take a moment to look for Spring in your yard.

2. **Jesus is the** LIGHT OF THE WORLD

Feel the warmth of the sun. Take a moment and give thanks to Jesus, the Light of the World.

3. **COMMUNITY with Jesus**

Say a prayer outside for your neighbors around you. If you happen to see a neighbor outdoors wave or say "hello" (from a distance).

4. **Because Jesus died for us, WE ARE HEALED**

Have bubbles? Send bubble blessings up to the sky. We are healed.

My chains are gone

I've been set free

My God, my Savior has ransomed me

And like a flood His mercy rains

Unending love, Amazing grace

(Chris Tomlin: Amazing Grace (My Chains are Gone))

